

**Arnold 5K Pump and Run - Men****March 7, 2010**

Last updated on March 7, 2010

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Arnold 5K Pump and Run  
Columbus, OH  
03-07-10

Men

PLACE	GRP/ALL	NAME	HOMETOWN	AGE	5K TIME	REPS	P&R TIME
1	1	VAUGHAN OBRIEN	WASHINGTON, DC	34	16:16	30	01:16
2	2	SCOTT MCLEAN	DEXTER, MI	40	16:41	30	01:41
3	3	NATHAN AICHELE	COLUMBUS, OH	28	16:43	30	01:43
4	4	JAMIE COPE	ROCKVILLE, MD	29	17:24	30	02:24
5	5	JOSH HOFBAUER	PACIFICA, CA	22	17:13	29	02:43
6	6	JAY SIZEMORE	PITTSBURGH, PA	30	16:47	28	02:47
7	8	STAN NICOL	MARION, OH	48	18:21	30	03:21
8	9	RJ NOLTE	SAINT CLAIRSVILLE, OH	29	18:33	30	03:33
9	10	TONY KETCHMARK	DAVISON, MI	47	18:46	30	03:46
10	11	DEREK BIBLER	MARION, OH	23	18:47	30	03:47
11	12	FRED FABER	NEW YORK, NY	30	18:55	30	03:55
12	13	JAMES BOYD	HERMITAGE, PA	42	18:57	30	03:57
13	14	ZACH HOLBERT	CHILLICOTHE, OH	23	16:28	25	03:58
14	15	JASON MONSUL	WESTERVILLE, OH	42	18:09	28	04:09
15	17	MAURICE THOMPSON	COLUMBUS, OH	30	19:14	29	04:44
16	18	JEFF LABAKI	BELLVILLE, OH	40	19:49	30	04:49
17	19	KEN PARKS	WEST LAFAYETTE, OH	46	18:27	27	04:57
18	20	WESLEY HOLLIDAY	COAL GROVE, OH	40	19:58	30	04:58
19	21	LUCAS AYARS	MECHANICSBURG, OH	28	18:29	27	04:59
20	22	R. TODD SCHMUTZ	BLUFFTON, OH	42	20:10	30	05:10
21	23	MICHAEL GRALLA	DUBOIS, PA	20	18:58	27	05:28
22	24	BRYAN FRAZER	LEWIS CENTER, OH	33	20:30	30	05:30
23	25	GEORGE TOTONCHY	PORTLAND, OR	32	20:00	29	05:30
24	26	GEORGE MEDLER	SPRING HILL, FL	51	19:36	28	05:36
25	27	ROBERT MESSMER	CINCINNATI, OH	34	18:07	25	05:37
26	28	DENNIS TANNER	DANVILLE, PA	52	20:41	30	05:41
27	29	JOHN MULLEN	DELAWARE, OH	36	20:44	30	05:44
28	30	RANDY BARNHART	AKRON, OH	48	20:45	30	05:45
29	31	MIKE MEYER	NORTH CANTON, OH	42	20:19	29	05:49
30	33	MARTY MOSTYN	COLUMBUS, OH	43	20:22	29	05:52
31	34	JAMES PATTON	NORTH RIDGEVILLE, OH	53	19:52	28	05:52
32	35	NORM TREMBLAY	AMANDA, OH	40	21:00	30	06:00
33	36	DAVID LEUNG	RIVERVIEW, FL	37	21:01	30	06:01
34	37	PHILIP CARINO	HUDSON, OH	45	20:31	29	06:01
35	38	RON KUNTZ	GARFIELD HTS, OH	50	20:37	29	06:07
36	40	BRIAN BAKER	GAHANNA, OH	30	19:13	26	06:13
37	41	CHRIS GROTHAUS	COLUMBUS GROVE, OH	42	21:20	30	06:20
38	44	MARION HOCHSTETLER	WHEELERSBURG, OH	31	21:24	30	06:24
39	45	CHRISTOPHER FAUSEL	INDIANAPOLIS, IN	39	20:00	27	06:30
40	48	CALLEN VANDERHOFF	MARION, OH	19	19:37	26	06:37
41	49	TODD ELLWOOD	POWELL, OH	51	21:41	30	06:41
42	50	SCOTT SCHULTE	MIDDLEBURG HEIGHTS, OH	27	17:15	21	06:45
43	51	MARK RASCH	BELLBROOK, OH	50	21:51	30	06:51
44	52	JOE OLDHAM	AKRON, OH	40	19:52	26	06:52
45	53	CHARLES CZAKE	ALLISON PARK, PA	21	21:53	30	06:53
46	54	WILL ZACHRICH	FREDONIA, PA	31	19:32	25	07:02
47	55	MIKE NICHOLS	ORRVILLE, OH	18	20:03	26	07:03
48	56	DOUGLAS PORTMANN	LOVELAND, OH	42	20:12	26	07:12
49	57	DANIEL PORT	COLUMBUS, OH	27	22:16	30	07:16
50	58	TIM ROWE	GIBSONIA, PA	36	21:19	28	07:19
51	59	TREVOR SUTERMASTER	COLUMBUS, OH	29	19:50	25	07:20
52	60	KEVIN HAWLEY	LIMA, OH	51	20:20	26	07:20
53	61	ANTHONY MAJESTRO	CHARLESTON, WV	45	19:51	25	07:21
54	62	JOHN BLAKELY	DUBLIN, OH	49	21:21	28	07:21
55	64	ANDREW MCSWAIN	SEMINOLE, FL	27	17:53	21	07:23
56	65	JUSTIN BARNES	WILLIAMSPORT, OH	32	17:23	20	07:23
57	66	DANIEL ORDAZ	HOLGATE, OH	34	16:54	19	07:24
58	67	CALVIN SKAATES	WESTERVILLE, OH	44	21:54	29	07:24
59	68	PAUL HOLLERN	COLUMBUS, OH	48	22:29	30	07:29
60	69	TYLER PENSYL	COLUMBUS, OH	29	18:02	21	07:32
61	70	WIN BALCAVAGE	LIBERTY TOWNSHIP, OH	42	20:35	26	07:35
62	71	STEVE GOULD	HEATH, OH	34	22:36	30	07:36
63	72	DAN JONES	CIRCLEVILLE, OH	54	22:38	30	07:38
64	73	ANTHONY VALOCCHI	AUBURN, OH	42	22:39	30	07:39
65	74	DUSTIN EVANS	NORTH CANTON, OH	35	20:16	25	07:46
66	75	JIM KILTY	OAK GROVE, IL	50	19:53	24	07:53
67	76	BLAIZE O'BRIEN	COLUMBUS, OH	39	18:23	21	07:53

68	77	MARTY COOK	LOUISVILLE, KY	47	19:25	23	07:55
69	78	MARK ENGELL	PICKERINGTON, OH	50	22:57	30	07:57
70	79	BRIAN CHEWNING	LEXINGTON, KY	40	22:57	30	07:57
71	81	JAMES ANDROSJK	CANTON, OH	44	22:33	29	08:03
72	82	RANDY NOLTE	SAINT CLAIRSVILLE, OH	50	23:05	30	08:05
73	83	DAVID WEST	BURLINGTON, ON	36	21:36	27	08:06
74	84	DAVID LORZ	LEWIS CENTER, OH	40	21:11	26	08:11
75	85	BRANDON GERDEMAN	COLUMBUS GROVE, OH	23	21:44	27	08:14
76	86	ANDY RUZICHO	COLUMBUS, OH	40	19:23	22	08:23
77	87	JONATHAN RAYMOND	WORTHINGTON, OH	29	22:53	29	08:23
78	89	TYLER BOWERSOCK	ROANOKE, VA	29	20:03	23	08:33
79	90	BRIAN BENSON	WESTERVILLE, OH	43	21:03	25	08:33
80	92	STEVEN ORENCHUK	GRANDVIEW HEIGHTS, OH	27	19:09	21	08:39
81	93	BOB HAHN JR.	THORNVILLE, OH	51	22:14	27	08:44
82	94	ANDREW TOMCZYK	GLENDALE, WI	28	21:15	25	08:45
83	95	BRIAN CRONLEY	COLUMBUS, OH	25	19:48	22	08:48
84	96	JUSTIN WALKER	CINCINNATI, OH	30	20:19	23	08:49
85	97	JUSTIN STIRLING	BUTLER, PA	30	22:22	27	08:52
86	99	CHRIS TOMASZEWSKI	BROCKPORT, NY	32	23:53	30	08:53
87	100	PERRY JOOS	DELAWARE, OH	48	22:00	26	09:00
88	101	STEVE SZPAK	GRAFTON, WI	30	20:03	22	09:03
89	102	MATT STEPHENS	POWELL, OH	40	24:06	30	09:06
90	103	NATHAN MCKEE	RIPLEY, WV	33	18:11	18	09:11
91	104	JOEL GARTMAN	BELGIUM, WI	30	22:13	26	09:13
92	105	JOE SZPAK	OREGON, WI	25	18:43	19	09:13
93	106	TOM SIKORA	DUBLIN, OH	42	21:45	25	09:15
94	107	PHILIP LABUHN	COLUMBUS, OH	54	23:16	28	09:16
95	109	GENE JENSEN	LEWIS CENTER, OH	55	20:20	22	09:20
96	110	CHRIS BINGHAM	POWELL, OH	34	21:50	25	09:20
97	112	JAMES HERBST JR	COLUMBUS, OH	30	21:56	25	09:26
98	113	JEFF BEERY	HILLSBORO, OH	45	24:28	30	09:28
99	114	JEFFREY CAPERS	NEW ALBANY, OH	30	21:58	25	09:28
100	115	JAY OWENS	FENTON, MI	47	18:28	18	09:28
101	116	STEPHEN GUY	MILWAUKEE, WI	42	20:59	23	09:29
102	117	DAVID THOMPSON	GROVE CITY, OH	59	24:31	30	09:31
103	118	TODD SMITH	FLAT ROCK, MI	27	21:11	23	09:41
104	119	DON WARNER	GRANVILLE, OH	56	23:49	28	09:49
105	120	MIKE COOK	WESTERVILLE, OH	40	24:19	29	09:49
106	121	JAMES ROWND	SHAKER HEIGHTS, OH	50	20:20	21	09:50
107	122	MICHAEL LAGNESE	TWINSBURG, OH	23	22:54	26	09:54
108	123	KURT BAUMGARTNER	MARION, OH	33	24:29	29	09:59
109	124	BILL GRANCHE	NEW ALBANY, OH	60	22:38	25	10:08
110	126	KEVIN CHRISTIE	WESTERVILLE, OH	41	20:39	21	10:09
111	127	JACK PIERSON	CANFIELD, OH	57	25:10	30	10:10
112	128	ANTHONY CIANCIOLO	BELLEFONTAINE, OH	27	19:41	19	10:11
113	129	STEVE CRUZ	STERLING HTS., MI	27	21:43	23	10:13
114	130	TRAVIS CHAPIN	BOWLING GREEN, OH	60	20:14	20	10:14
115	131	JOHN MOORE	LEWIS CENTER, OH	45	20:45	21	10:15
116	132	MICHAEL COOPER	GRANBY, CT	57	25:17	30	10:17
117	133	KRIS MALLARNEE	CARROLLTON, OH	36	22:47	25	10:17
118	134	ERIC JOHNSTON	CHARDON, OH	32	23:19	26	10:19
119	135	JERRY FEYH FEYH	LEWIS CENTER, OH	47	23:20	26	10:20
120	136	SCOTT ELMLINGER	COLUMBUS, OH	29	19:51	19	10:21
121	137	CEPHAS PEARSON	PICKERINGTON, OH	32	22:53	25	10:23
122	138	DANA PITCOCK	HIGHLAND, MI	22	18:24	16	10:24
123	140	BRENT BUSDEKER	TIFFIN, OH	37	22:29	24	10:29
124	141	JONATHAN WEYAND	DETROIT, MI	25	20:29	20	10:29
125	142	DERRICK IANNAMORELLI	CANTON, OH	26	18:00	15	10:30
126	143	SCOTT LUEBCKE	POWELL, OH	49	23:33	26	10:33
127	144	RYAN CUNNINGHAM	GALLOWAY, OH	26	24:04	27	10:34
128	145	MATT BEHRINGER	DEFIANCE, OH	45	22:05	23	10:35
129	146	ERIC JACKSON	GAHANNA, OH	33	19:40	18	10:40
130	148	NATHAN HANES	COLUMBUS, OH	41	19:49	18	10:49
131	149	EDWARD LENZY	MASSILLON, OH	43	25:49	30	10:49
132	150	MICHAEL VOGT	GRANDVIEW HEIGHTS, OH	27	21:19	21	10:49
133	151	PETE BROUGH	ALLISON PARK, PA	28	21:20	21	10:50
134	154	MIKE MARTIN	WOOSTER, OH	55	22:25	23	10:55
135	155	BRIAN LAMBERT	TAMPA, FL	51	20:55	20	10:55
136	156	JOHN MCHALE	MONCLOVEA, OH	44	21:56	22	10:56
137	158	MICHAEL ELLEMAN	NEW MADISON, OH	41	16:58	12	10:58
138	159	GLENN JVIDEN JR	LEBANON, OH	51	25:59	30	10:59
139	160	AARON ZUBER	GALENA, OH	31	25:00	28	11:00
140	161	GIBBY DANNEMILLER	AKRON, OH	48	20:36	19	11:06
141	163	JOHN LUKASKO	SOLON, IA	50	26:17	30	11:17
142	164	GARRY GRIFFITH	SYLVANIA, OH	58	24:49	27	11:19
143	165	DAVID WATSON	COLUMBUS, OH	51	26:19	30	11:19
144	166	ANGELO KOSTAS	IMPERIAL, PA	39	21:55	21	11:25
145	167	DANIEL MARTIN	INDIANAPOLIS, IN	34	24:26	26	11:26
146	168	RICHARD WAGNER	COLUMBUS, OH	40	23:27	24	11:27
147	169	DAN HENRY	MANSFIELD, OH	32	19:59	17	11:29
148	172	JOHN ROPERTI	REYNOLDSBURG, OH	30	26:34	30	11:34
149	173	DOUG DINSMORE	REYNOLDSBURG, OH	49	26:05	29	11:35
150	174	ELI GRIFFIS	NEW YORK, NY	29	22:11	21	11:41
151	176	TODD PATTON	GRANVILLE, OH	44	21:45	20	11:45
152	178	BILL SNYDER	COLUMBUS, OH	43	20:47	18	11:47

153	179	MARK CRICKMORE	COLUMBIA CITY, IN	49	22:26	21	11:56
154	180	MARK SUSI	NEW ALBANY, OH	46	21:57	20	11:57
155	181	PATRICK CRAWFORD	GROVE CITY, OH	41	20:28	17	11:58
156	182	JASON PLANK	REYNOLDSBURG, OH	49	23:29	23	11:59
157	183	ALFREDO ROHWEDER	OAK HILL, VA	48	27:06	30	12:06
158	184	MARK WONG	COLUMBUS, OH	24	22:09	20	12:09
159	185	TOM THOMPSON	GROVE CITY, OH	53	27:10	30	12:10
160	186	KYLE WITT	WESTERVILLE, OH	29	23:11	22	12:11
161	187	MITCHELL NICKOLI	HURON, OH	25	21:41	19	12:11
162	188	PETER CROSTHWAITE	MARYSVILLE, OH	28	21:11	18	12:11
163	189	JACOB HANDSCHKE	WESTERVILLE, OH	24	22:48	21	12:18
164	191	RYAN BROSS	WOOLDRIDGE, MO	31	25:49	27	12:19
165	192	GEORGE CALLIF	COLUMBUS, OH	40	23:22	22	12:22
166	193	MARTIN SHROYER	SPRINGFIELD, OH	29	19:54	15	12:24
167	194	JEFF GARBER	MARYSVILLE, OH	44	23:55	23	12:25
168	195	KEVIN GEISER	GREENFIELD, IN	30	23:56	23	12:26
169	196	JOSEPH SALOOM	WESTERVILLE, OH	44	22:57	21	12:27
170	197	BRIAN BRODIE	MOGADORE, OH	43	23:30	22	12:30
171	198	BRUCE GIRARDI	WESTERVILLE, OH	49	23:35	22	12:35
172	199	JIM ROLLINS	COLUMBUS, OH	38	18:05	11	12:35
173	200	MATTHEW MEYER	HURON, OH	26	25:35	26	12:35
174	201	MITCH ALTER	NEW ALBANY, OH	54	24:37	24	12:37
175	203	JOHN CONWAY	GAHANNA, OH	45	22:07	19	12:37
176	204	WILLIAM S HESTER	WURLAND, KY	32	21:39	18	12:39
177	205	MICHAEL WILEY	WESTERVILLE, OH	40	23:40	22	12:40
178	207	JULIUS GANDY	POWELL, OH	50	25:45	26	12:45
179	208	JACK WICKENS	CHELSEA, MI	44	21:45	18	12:45
180	210	JOHN COSTA	POWELL, OH	43	23:49	22	12:49
181	211	MIKE DUTT	PLAIN CITY, OH	45	22:19	19	12:49
182	212	MICHAEL SOPKO	WEEHAWKEN, NJ	27	22:20	19	12:50
183	213	MATTHEW MAYS	MASSILLON, OH	24	23:20	21	12:50
184	214	DAVID LAWRENCE	HILLIARD, OH	31	26:54	28	12:54
185	215	MIKE POMEROY	HILLIARD, OH	59	25:24	25	12:54
186	216	CHRISTOPHER MILLER	CLEVELAND, OH	25	21:24	17	12:54
187	218	LOU TURNER	SPRINGFIELD, OH	46	27:32	29	13:02
188	219	TED SAUDER	COLUMBUS, OH	26	20:08	14	13:08
189	220	ANDREW FOSTER	COLUMBUS, OH	25	20:38	15	13:08
190	221	PAUL AICHELE	LIBERTYVILLE, IL	49	21:08	16	13:08
191	222	JOHN BEDNAR	CANTON, OH	61	27:39	29	13:09
192	223	JASON JANOSKI	COLUMBUS, OH	46	23:39	21	13:09
193	224	CHARLES MCKISSON	COLUMBUS, OH	24	19:39	13	13:09
194	225	JASON PENCZAK	HILLIARD, OH	39	23:12	20	13:12
195	226	DANE HENRY	LEXINGTON, OH	35	20:12	14	13:12
196	227	BILL BALDERAZ	COLUMBUS, OH	35	26:44	27	13:14
197	229	GREG WYATT	CINCINNATI, OH	47	23:16	20	13:16
198	230	JASON WAGNER	WEEHAWKEN, NJ	26	22:21	18	13:21
199	231	BRIAN SEELEY	MARIETTA, OH	45	26:51	27	13:21
200	232	BILL STEVENSON	HERMITAGE, PA	39	21:22	16	13:22
201	233	SCOTT CALEODIS	HILLIARD, OH	39	23:23	20	13:23
202	234	TIM JASTER	GAHANNA, OH	39	21:24	16	13:24
203	235	JEFF GLIDDEN	MOGADORE, OH	46	25:56	25	13:26
204	236	CHARLES WALTERS	CONFLUENCE, PA	50	19:57	13	13:27
205	240	MARK SIEGEL	MONCLOVA, OH	40	28:35	30	13:35
206	241	RICHIE ELDRIDGE	GALLOWAY, OH	38	23:07	19	13:37
207	242	BRIAN JONES	DELAWARE, OH	43	24:43	22	13:43
208	243	JOHN FONDRAN	AKRON, OH	34	20:44	14	13:44
209	244	VINCE MASSA	GRANVILLE, OH	61	28:45	30	13:45
210	245	SCOTT PEDELA	COLUMBUS, OH	38	25:45	24	13:45
211	246	JOHN KLAUS	GRANVILLE, OH	41	23:17	19	13:47
212	247	TERRY CASTO	MOUNT VERNON, OH	51	25:18	23	13:48
213	248	DAVID KETCHMARK	DAVISON, MI	22	21:49	16	13:49
214	250	LUKE SMITH	LINCOLN PARK, MI	32	24:50	22	13:50
215	251	MIKE WARD	COLUMBUS, OH	41	20:52	14	13:52
216	252	CODY CAUGHENBAUGH	NEWARK, OH	27	24:23	21	13:53
217	253	MARK MCMILLEN	GROVE CITY, OH	49	21:24	15	13:54
218	254	CHAD GREULICH	PLAIN CITY, OH	30	24:55	22	13:55
219	255	BRENDAN FLAHERTY	NEW ALBANY, OH	45	20:26	13	13:56
220	256	CHAD KINER	WORTHINGTON, OH	34	23:57	20	13:57
221	257	LARRY WEIZMAN	ENGLEWOOD, OH	46	27:57	28	13:57
222	258	BEN NEFF	ROCKFORD, OH	29	20:01	12	14:01
223	259	SHERM MORELAND	GAHANNA, OH	45	21:04	14	14:04
224	261	JEFFREY VANDERBOON	CLARSKVILLE, MI	24	20:39	13	14:09
225	262	THOMAS JONES	YELLOW SPRINGS, OH	50	26:40	25	14:10
226	263	NICHOLAS CASDORPH	COLUMBUS, OH	22	22:12	16	14:12
227	265	PRICE FINLEY	COLUMBUS, OH	46	22:43	17	14:13
228	266	TODD VISHNAUSKI	CINCINNATI, OH	26	22:44	17	14:14
229	267	SCOTT SHIPLEY	NEWARK, OH	49	24:17	20	14:17
230	268	JEFF WASHBURN	WESTERVILLE, OH	41	22:18	16	14:18
231	269	BRANDON DEANS	LIBERTYVILLE, IL	31	20:53	13	14:23
232	271	MICHAEL NAVE	SOUTH WHITLEY, IN	33	22:24	16	14:24
233	272	RICH WALLACE	SIDNEY, OH	63	22:00	15	14:30
234	273	PATRICK ROEGNER	SPRINGFIELD, OH	28	21:33	14	14:33
235	274	DAVID JONES	WESTERVILLE, OH	40	24:35	20	14:35
236	275	NATHAN POLEK	COLUMBUS, OH	30	21:06	13	14:36
237	276	STEVE VANDERHOFF	MARION, OH	48	22:06	15	14:36

238	277	STEVEN HAYDEN	MANHATTAN BEACH, CA	44	21:07	13	14:37
239	278	DAVID LEWIS	NEW ALBANY, OH	43	24:37	20	14:37
240	281	STEVE HARVEY	COLUMBUS, OH	49	29:11	29	14:41
241	282	TOM MASON	MCDONALD, OH	41	21:42	14	14:42
242	283	MANUS J. PATTON JR.	BERLIN HEIGHTS, OH	57	29:42	30	14:42
243	284	STEVE ZANIS	POTTSVILLE, PA	48	24:13	19	14:43
244	286	JUSTIN RILEY	GROVE CITY, OH	25	24:14	19	14:44
245	287	GEORGE WOLFINGTON	COLUMBUS, OH	45	24:45	20	14:45
246	288	MICHAEL BONER	MOUNT VERNON, OH	43	20:47	12	14:47
247	289	JOHN PETZINGER	UPPER ARLINGTON, OH	31	23:18	17	14:48
248	293	DAVID JONES	CIRCLEVILLE, OH	23	23:25	17	14:55
249	294	JUSTIN SMITH	FLAT ROCK, MI	18	24:55	20	14:55
250	295	CHRIS REDDING	COLUMBUS, OH	26	25:59	22	14:59
251	296	BRIAN MAYER	POWELL, OH	35	23:30	17	15:00
252	297	JEREMY BENINGTON	CLINTON, OH	26	21:31	13	15:01
253	298	CHUCK PERLIK	SEWICKLEY, PA	47	29:04	28	15:04
254	299	ROBERT ZORIO	DELAWARE, OH	38	23:04	16	15:04
255	300	TROY JOYCE	PIKETON, OH	48	23:08	16	15:08
256	301	JEFF RYBAK	BOWLING GREEN, OH	44	30:08	30	15:08
257	302	MAC ROBERTS	DELAWARE, OH	50	24:38	19	15:08
258	303	TOM REDA	POLAND, OH	30	24:42	19	15:12
259	306	ZACH EVERHART	FAIRBORN, OH	21	18:44	7	15:14
260	307	BRIAN CLARK	ALPHARETTA, GA	44	27:45	25	15:15
261	308	GREGORY GUY	COLUMBUS, OH	44	22:46	15	15:16
262	309	TODD PRINCE	WESTERVILLE, OH	42	24:48	19	15:18
263	310	TIMOTHY SMATHERS	BRIMFIELD, OH	47	24:22	18	15:22
264	311	PHIL MACLEAN	POWELL, OH	41	25:22	20	15:22
265	312	KEVIN KRANZ	LEWIS CENTER, OH	42	21:56	13	15:26
266	313	PHIL GREENBERG	COLUMBUS, OH	30	23:26	16	15:26
267	315	RANDY CLEVENER	HILLIARD, OH	32	21:59	13	15:29
268	316	CJ HITZ	FINDLAY, OH	36	18:31	6	15:31
269	317	JON LEE	COLUMBUS, OH	26	23:01	15	15:31
270	318	AARON DUKES	CANTON, OH	20	21:02	11	15:32
271	319	BRIAN CHRIN	LOVELAND, OH	25	22:02	13	15:32
272	320	CRAIG BILBREY	DETROIT, MI	23	20:03	9	15:33
273	321	CHRIS GRIFFIN	LANCASTER, OH	53	25:07	19	15:37
274	322	GREGORY GEORGIADIS	MAUMEE, OH	51	26:40	22	15:40
275	324	LARRY WHITE	CHILL., OH	52	24:48	18	15:48
276	325	LEROY GOLDEN	GALLOWAY, OY	39	23:49	16	15:49
277	326	TOM HERNANDEZ	TIMBERVILLE, VA	47	30:54	30	15:54
278	328	JOSEPH HOLCOMB	TERRACE PARK, OH	48	24:26	17	15:56
279	331	DAVID PYSHORA	WESTERVILLE, OH	55	26:00	20	16:00
280	334	SCOTT SUKITS	BUTLER, PA	30	24:32	17	16:02
281	335	BRAD JADWIN	CHILLICOTHE, OH	49	25:04	18	16:04
282	336	ALEX CORTES	CLEVELAND, OH	34	27:05	22	16:05
283	337	DAVIID DAVIS	LANCASTER, OH	52	27:05	22	16:05
284	340	ANTHONY CALLANDER	UPPER ARLINGTON, OH	33	24:07	16	16:07
285	342	SHANNON LEWIS	GAHANNA, OH	34	24:44	17	16:14
286	343	DWIGHT YOUNG	WESTERVILLE, OH	37	22:15	12	16:15
287	345	BENJAMIN DUCKWORTH	UPPER ARLINGTON, OH	29	25:50	19	16:20
288	346	NATHAN WELLS	ASLAND, OH	34	25:21	18	16:21
289	347	VINKO LISNIC	CHICAGO, IL	35	24:21	16	16:21
290	348	BRIAN SMITH	SHELBYVILLE, IN	47	30:22	28	16:22
291	349	ANTHONY CODUTO	SOUTH BELOIT, IL	45	31:23	30	16:23
292	350	BRENDON QUINN	BOWLING GREEN, KY	33	22:57	13	16:27
293	351	ALEX PLANK	REYNOLDSBURG, OH	21	24:27	16	16:27
294	352	ED AICHELE	CLEVELAND, OH	52	29:29	26	16:29
295	353	DAN HOPKINS	UNION, OH	38	25:00	17	16:30
296	355	ERIC TATA	MEDINA, OH	42	25:06	17	16:36
297	357	JOE SCHNEIDER	LANCASTER, OH	46	24:07	15	16:37
298	359	MITCH DARNFON	EAST LANSING, MI	22	22:10	11	16:40
299	360	CHIP CECIL	COLUMBUS, OH	46	27:41	22	16:41
300	361	SEAN KLOPFENSTEIN	LOVELAND, OH	42	23:12	13	16:42
301	362	FLASH BARCHIK	HUNTINGTON MILLS, PA	33	21:15	9	16:45
302	363	BRAD BIRD	HILLIARD, OH	28	23:47	14	16:47
303	364	DAVID AGARD	WADSWORTH, OH	60	26:22	19	16:52
304	365	MICHAEL MORGAN	NEW ALBANHY, OH	39	25:54	18	16:54
305	367	MKE SMITH	DELAWARE, OH	38	24:56	16	16:56
306	368	STEVE SMITH	FLAT ROCK, MI	29	24:58	16	16:58
307	369	BRIAN WELSH	CANAL WINCHESTER, OH	29	26:59	20	16:59
308	370	JUSTIN ROSS	MARION, IA	30	21:30	9	17:00
309	371	BOB CUNNINGHAM	BUTLER, PA	26	19:32	5	17:02
310	372	JUSTIN CROCKETT	COLUMBUS, OH	31	24:03	14	17:03
311	373	JEFF GLANCY	COLUMBUS, OH	28	26:05	18	17:05
312	374	RON KRUSE	TRENTON, MI	50	28:10	22	17:10
313	375	DAVID DENTON	ASHVILLE, OH	47	25:41	17	17:11
314	376	DENNIS O'NEIL	UNIONTOWN, OH	63	32:15	30	17:15
315	377	TOM MOSTYN	COLUMBUS, OH	35	22:49	11	17:19
316	378	TIM BODLE	UTICA, OH	36	22:19	10	17:19
317	379	MARC GLASGOW	WESTERVILLE, OH	39	27:20	20	17:20
318	380	MARK LIND	BELLVILLE, OH	37	23:51	13	17:21
319	381	STEVE EMRICSON	WOODSTOCK, IL	51	19:22	4	17:22
320	383	DENVER JENKINS	MEDINA, OH	45	29:25	24	17:25
321	384	DARRIN WHETSEL	FISHERS, IN	40	30:55	27	17:25
322	385	JASSON FARRIER	GRANVILLE, OH	32	27:57	21	17:27

323	386	LARRY TRAVIS J.R	MCARTHUR, OH	34	23:57	13	17:27
324	389	BRENT WILSON	PLAIN CITY, OH	30	25:35	16	17:35
325	390	TED NIEMANN	COLUMBUS, OH	47	20:05	5	17:35
326	391	ROGER RAWLINS	PICKERINGTON, OH	43	26:38	18	17:38
327	392	ROD GEITGEY	PLAIN CITY, OH	44	25:09	15	17:39
328	393	PHILLIP LATHAN	COLUMBUS, OH	47	23:40	12	17:40
329	394	MATT RASCH	BELBROOK, OH	19	19:11	3	17:41
330	395	ROB WEISBRODT	WALDO, OH	47	23:41	12	17:41
331	396	JASON MCGUIRE	PICKERINGTON, OH	40	21:11	7	17:41
332	397	MATT GASTALDO	PICKERINGTON, OH	36	25:42	16	17:42
333	398	DAN BREYMAN	WESTERVILLE, OH	26	23:15	11	17:45
334	399	ROY MILAM	ROCKWOOD, MI	48	25:19	15	17:49
335	400	CHRIS MOSMEIER	LAURELVILLE, OH	41	22:19	9	17:49
336	401	RAND FARNSWORTH	WESTMINSTER, CO	58	26:51	18	17:51
337	402	JOHN YORK	AKRON, OH	41	23:24	11	17:54
338	403	MARC GRANCHE	NEW ALBANY, OH	53	26:25	17	17:55
339	404	TAYLOR NIEMANN	COLUMBUS, OH	18	23:28	11	17:58
340	405	JOHN CIANCIOLO	SIDNEY, OH	47	23:58	12	17:58
341	408	CHARLES SAMPSON	ALBUQUERQUE, NM	32	24:09	12	18:09
342	409	TOM MOOREHEAD	COLUMBUS, OH	47	24:14	12	18:14
343	410	RON BELL	CANAL WINCHESTER, OH	43	23:46	11	18:16
344	412	TOM TRACE	UPPER ARLINGTON, OH	49	23:18	10	18:18
345	413	ACE ELSEA	CIRCLEVILLE, OH	68	25:50	15	18:20
346	414	GEORGE ROYER	TOLEDO, OH	73	33:21	30	18:21
347	415	KEN SUNSERI	CEDAR RAPIDS, IA	43	33:23	30	18:23
348	417	WILLIAM GUSTIN	NEW YORK, NY	25	22:55	9	18:25
349	418	RANCE GANDY	POWELL, OH	23	25:56	15	18:26
350	419	PATRICK HAYDEN	BEXLEY, OH	40	22:57	9	18:27
351	420	PHIL KOBLISKA	CEDAR RAPIDS, IA	32	25:28	14	18:28
352	421	MATTHEW ZANIS	POTTSVILLE, PA	20	21:28	6	18:28
353	422	BENJAMIN THOMAS	ALBUQUERQUE, NM	32	24:00	11	18:30
354	424	JASON BIDDLESTONE	WESTERVILLE, OH	31	22:13	7	18:43
355	425	BRYAN CALDWELL	CHARDON, OH	45	28:19	19	18:49
356	426	DOUGLAS ANDRUS	XENIA, OH	46	27:20	17	18:50
357	427	FRED SCHMIDT	LANCASTER, PA	33	22:51	8	18:51
358	428	CLARK BROWN	VENICE, CA	66	30:24	23	18:54
359	429	JIM BUTT	CHILL, OH	54	31:25	25	18:55
360	430	STEVE BENCE	PENN HILLS, PA	54	26:55	16	18:55
361	433	TOM PIERSON	PEARLAND, TX	50	26:30	15	19:00
362	434	MATTHEW RIEBEL	COLUMBUS, OH	38	26:04	14	19:04
363	435	BLAKE STEVENS	SCOTT DEPOT, WV	34	19:04	0	19:04
364	436	JAMES WHITACRE	GAHANNA, OH	37	25:35	13	19:05
365	437	FRANK HESELTON	MEDINA, OH	44	28:37	19	19:07
366	438	MICHAEL MERSHAD	SPRINGBORO, OH	31	25:14	12	19:14
367	439	JONATHAN METZ	FAIRBORN, OH	31	25:14	12	19:14
368	440	NATHAN NIEKAMP	NEW BREMEN, OH	38	19:45	1	19:15
369	441	ANDRE HARRIS	LANSING, MI	33	28:46	19	19:16
370	442	MATTHEW STONESTREET	AKRON, OH	29	24:22	10	19:22
371	445	TONY ROUSSOS	WESTERVILLE, OH	39	25:02	11	19:32
372	446	PHILIP NORPOTH	CIRCLEVILLE, OH	47	25:34	12	19:34
373	447	MARK KEITH	NEWARK, OH	38	27:07	15	19:37
374	448	ED TAYLOR	GROVE CITY, OH	37	25:37	12	19:37
375	449	JEFFREY GATTON	THREE RIVERS, MI	46	24:39	10	19:39
376	450	KEVIN LEWIS	FINDLAY, OH	43	24:11	9	19:41
377	451	KEN DILLE	AMANDA, OH	40	27:46	16	19:46
378	452	CLIFF MADDEN	WESTERVILLE, OH	39	27:18	15	19:48
379	453	DEREK YEARY	PLEASANT PLAIN, OH	27	20:28	1	19:58
380	455	KEVIN LEGATES	POWELL, OH	41	27:08	14	20:08
381	457	MICHAEL ANTHONY	DUBLIN, OH	46	31:42	23	20:12
382	458	MARC SHIELDS	WESTERVILLE, OH	32	23:44	7	20:14
383	459	STAN HARRIS	WESTERVILLE, OH	45	23:49	7	20:19
384	460	TREVOR DUNDORE	SYCAMORE, OH	39	22:50	5	20:20
385	461	DAVID ROESSNER	HILLIARD, OH	57	28:54	17	20:24
386	462	DAMIEN ST JOHN	LEWIS CENTER, OH	40	20:54	1	20:24
387	463	RALPH DELSERONE III	GIRARD, OH	37	26:26	12	20:26
388	464	BRIAN NEWELL	GAHANNA, OH	34	25:31	10	20:31
389	465	MICHAEL CONTINO	POWELL, OH	48	27:31	14	20:31
390	466	CHRIS SCHALK	ALVADA, OH	32	22:01	3	20:31
391	467	MICHAEL GARTRELLE	ROCHESTER HILLS, MI	44	24:33	8	20:33
392	468	DONALD CONRAD	LOUDONVILLE, OH	58	28:37	16	20:37
393	469	ROY MILAM III	ROCKWOOD, MI	31	27:08	13	20:38
394	471	VINCE MCDONALD	COLUMBUS, OH	29	21:43	2	20:43
395	473	JOHN STEPHAN	WORTHINGTON, OH	34	24:45	8	20:45
396	474	DAVE ROGGENKAMP	DUBLIN, OH	50	23:15	5	20:45
397	475	DAVID HODGSON	NORTH OLMSTED, OH	25	27:19	13	20:49
398	477	GEORGE CLARK	LEWIS CENTER, OH	53	30:51	20	20:51
399	478	TIM NISLEY	COLUMBUS, OH	39	25:22	9	20:52
400	479	DAVID HAZARD	UPPER ARLINGTON, OH	28	26:58	12	20:58
401	480	MIKE VON WHL	WEST BLOOMFIELD, MI	43	22:30	3	21:00
402	482	BRIAN CIBOREK	GROVE CITY, OH	34	29:09	16	21:09
403	483	FRANK DICENSO	WESTERVILLE, OH	43	27:47	13	21:17
404	485	ERIC GRAHAM	CRESTON, OH	39	25:24	8	21:24
405	486	ANDREW SIMONS	ALBUQUERQUE, NM	45	24:00	5	21:30
406	487	THOMAS BALIS	DAYTON, OH	39	22:10	1	21:40
407	488	MIKE MAYER	POWELL, OH	33	28:42	14	21:42

408 490 BRIAN DUBASIK	MIDDLEFIELD, OH	37 29:16	15 21:46
409 491 DAVID ROHDE	WESTERVILLE, OH	45 25:47	8 21:47
410 492 ADAM BOALS	MANSFIELD, OH	24 22:17	1 21:47
411 494 ALEX GREEN	UPPER ARLINGTON, OH	43 29:20	15 21:50
412 496 JOEL DEMORY	GROVE CITY, OH	36 27:21	11 21:51
413 498 SAMER SALEH	COLUMBUS, OH	32 29:00	14 22:00
414 499 LONDON RHODES	COLUMBUS, OH	62 32:12	20 22:12
415 500 KEVIN BILBREY	BRIGHTON, MI	22 22:14	0 22:14
416 502 DAVID YOUNG	OLMSTED TWP., OH	39 23:20	2 22:20
417 503 MATT BAEHR	RICHMOND, VA	41 27:25	10 22:25
418 504 TEDDY RECTOR	POWELL, OH	22 28:27	12 22:27
419 506 GERRY BROCKMAN	GROVEPORT, OH	36 23:05	1 22:35
420 507 KEVIN STONESTREET	AKRON, OH	25 23:06	1 22:36
421 508 KRIS PIERSON	CANFIELD, OH	22 22:39	0 22:39
422 509 ERIC JACKSON	COLUMBUS, OH	47 23:13	1 22:43
423 510 STEVE YASHNIK	FAIRLAWN, OH	49 27:44	10 22:44
424 511 VIKAS KULKARNI	DUBLIN, OH	38 29:45	14 22:45
425 513 SEAN KEARNEY	LEWIS CENTER, OH	40 28:25	11 22:55
426 514 TOM MULLANEY	MASON, OH	50 37:55	30 22:55
427 515 RUDY BROWN	PICKERINGTON, OH	42 24:57	4 22:57
428 516 ERIC KRIEG	LAKWOOD, OH	26 26:32	7 23:02
429 517 PATRICK LABUHN	PICKERINGTON, OH	28 24:02	2 23:02
430 518 ROBERT LEMKE	GENEVA, IL	44 26:34	7 23:04
431 519 THOMAS TROMMER	MECHANICSBURG, OH	50 31:36	17 23:06
432 521 CHARLES KROME	SOMERS POINT, NJ	37 23:17	0 23:17
433 522 MORGAN JACKSON	WESTERVILLE, OH	45 24:52	3 23:22
434 523 BRIAN SOPKO	WEEHAWKEN, NJ	36 24:25	2 23:25
435 524 MATTHEW HORVATH	DAYTON, OH	53 32:25	18 23:25
436 525 RAM RAGHAVAN	GALENA, OH	36 24:32	2 23:32
437 526 TOM BUSBY	DELAWARE, OH	35 29:32	12 23:32
438 527 BRAD FORTUNE	WOOSTER, OH	44 29:38	12 23:38
439 528 GEORGE CROSTHWAITE	MARYSVILLE, OH	24 28:08	9 23:38
440 532 JEFFREY YOUNG	W. SALEM, OH	37 27:48	8 23:48
441 534 TIMOTHY JONES	FAIRBORN, OH	50 35:57	24 23:57
442 536 MARK FAUBEL	WESTERVILLE, OH	37 28:39	9 24:09
443 538 CHRISTOPHER MEYER	DELAWARE, OH	30 25:50	3 24:20
444 539 MATT PIERSON	CANFIELD, OH	20 24:59	1 24:29
445 540 DAMON MURPHY	GALLOWAY, OH	42 28:38	8 24:38
446 541 DREW HALPERN	WESTON, FL	47 26:09	3 24:39
447 543 BRIAN TANNEHILL	NEW ALBANY, OH	40 26:44	4 24:44
448 544 PHILIP SALOOM	VIENNA, OH	46 29:21	9 24:51
449 545 LARRY RICKS	REYNOLDSBURG, OH	48 35:52	22 24:52
450 546 DAVID BOALS	MANSFIELD, OH	26 30:06	10 25:06
451 549 CHAD GRIFFITH	COLUMBUS, OH	37 28:54	7 25:24
452 550 FRED BEERY	HILLSBORO, OH	54 30:25	10 25:25
453 552 STEVE HENGSTEBECK	BLACKLICK, OH	46 26:42	2 25:42
454 553 RANDEL MONHEMIUS	GROVE CITY, OH	46 28:45	6 25:45
455 554 JOHN HOFFMAN	NEW ALBANY, OH	41 26:46	2 25:46
456 555 KEN LENGIEZA	MARION, OH	59 29:22	7 25:52
457 556 RANDY ORR	DUBLIN, OH	38 34:33	17 26:03
458 557 KENT MOLDOVAN	DUBLIN, OH	38 34:03	16 26:03
459 560 DOUG CRITES	SHREVE, OH	45 26:45	1 26:15
460 561 MIKE CASAREZ	COLUMBUS, OH	39 27:15	2 26:15
461 564 MARK CROSTHWAITE	MARYSVILLE, OH	26 26:55	1 26:25
462 566 KENT WITT	SIDNEY, OH	56 28:42	4 26:42
463 567 ANDREW CLARK	LEWIS CENTER, OH	22 30:51	8 26:51
464 568 EDWARD KAISER	COLUMBUS, OH	25 29:13	4 27:13
465 571 BRIAN GASSIN	PLAIN CITY, OH	33 27:56	1 27:26
466 573 CHAD FAST	XENIA, OH	27 30:06	5 27:36
467 574 KEVIN CROSTHWAITE	MARYSVILLE, OH	59 29:36	4 27:36
468 575 VICTOR JUSTINIANO	CHICAGO, IL	41 35:14	15 27:44
469 576 JASON ROESSNER	HILLIARD, OH	26 29:15	3 27:45
470 578 DERRICK WHITACRE	GRIDLEY, CA	28 31:56	8 27:56
471 579 ROBERT COMPARIN	CAMDEN, OH	52 31:33	7 28:03
472 581 MICHAEL LEMUS	BATTLE CREEKM, MI	27 34:35	13 28:05
473 583 NATHAN JORDAN	COLUMBUS, OH	30 32:44	9 28:14
474 588 JOHN CARTY	MOUNT UNION, IA	50 37:06	17 28:36
475 590 NATHAN RENTZ	TROY, OH	28 30:05	2 29:05
476 592 BARRON FARRIER	GRANVILLE, OH	67 37:33	16 29:33
477 596 JASON SUTERMASTER	COLUMBUS, OH	31 36:49	13 30:19
478 597 RANDY JAHNKE	PLAINFIELD, IL	45 32:01	3 30:31
479 601 ERIK STEVENSON	INDIANAPOLIS, IN	31 32:48	4 30:48
480 602 RONALD WILNSKI	WESTERVILLE, OH	62 35:22	9 30:52
481 603 GENE LLOYD	FINDLAY, OH	59 33:53	5 31:23
482 604 LARRY YEE	UNIVERSITY HEIGHTS, OH	29 32:26	2 31:26
483 609 SCOTT BOALS	MANSFIELD, OH	54 36:14	8 32:14
484 611 MATTHEW BERRISFORD	WESTERVILLE, OH	38 42:55	21 32:25
485 622 ANDREW GAULT	YELLOW SPRINGS, OH	26 34:56	0 34:56
486 625 DENNY LEFFLER	NEW ALBANY, IN	46 36:14	0 36:14
487 627 MITCH SCHNEIDER	AURORA, OH	38 38:21	0 38:21
488 628 JONATHON LAWRENCE	HILLIARD, OH	41 39:18	1 38:48
489 630 ROCCO GUALTIERI	COLUMBUS, OH	77 46:43	12 40:43
490 632 DAN RAPP	WESTERVILLE, OH	38 43:56	1 43:26
491 633 RON WELLS	WADSWORTH, OH	62 45:34	4 43:34
492 635 JEFFREY DILGREN	KETTERING, OH	48 44:36	0 44:36

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